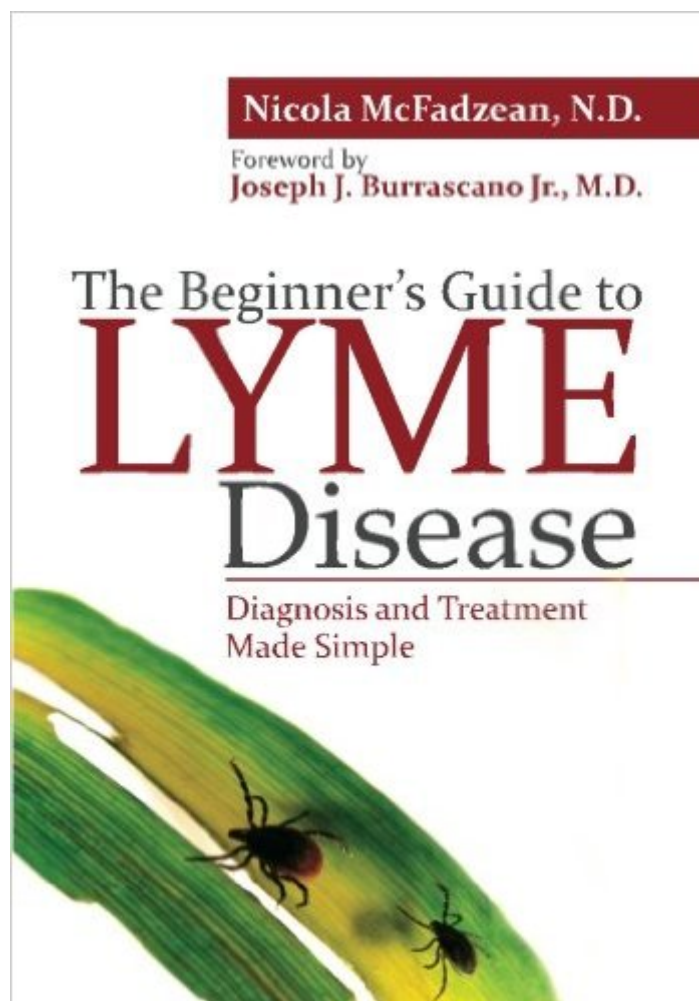


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# The Beginner's Guide To Lyme Disease: Diagnosis And Treatment Made Simple



## Synopsis

CNN has reported that the number of Lyme disease cases in the United States has doubled since 1991. Caused by spiral-shaped bacteria known as *Borrelia burgdorferi*, Lyme disease is transmitted to humans by the bite of an infected tick. The disease is also typically accompanied by many related problems, including co-infections by other kinds of microorganisms, hormonal dysfunction, immune system dysregulation, and other related issues. The Centers for Disease Control (CDC) now recognize Lyme disease as the fastest spreading vector-borne disease in the country, yet most practitioners of mainstream medicine are decades behind in recognizing and addressing this emerging health crisis. This comprehensive book is the first book of its kind to approach Lyme disease from the perspective of "beginners"—those doctors, patients and caregivers who are new to the topic of diagnosing and treating Lyme disease. Dr. Nicola McFadzean, a well-respected and experienced Lyme doctor, has woven together a complete guide to the treatment and management of Lyme disease. This beginner's guide contains clearly written, easy-to-understand information, reflecting Dr. McFadzean's knowledge and experience in both traditional and alternative medical paradigms. If you or a loved one were just diagnosed with Lyme disease, or if you are a caregiver or family member to someone with Lyme disease, this book should be your first stop. It will give you the tools and resources to get started on the journey back to health.

## Book Information

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## Customer Reviews

The complex, fascinating and unnecessarily controversial story and disease processes of Lyme and its co-infections is finally explained in detail with its causes, treatments, presentations, key players and history all brought to gather in this remarkable text. Dr McFadzean has worked out truth and issues with help from the best scientists, doctors and research in the world on this international and modern epidemic. She has picked apart the data, agencies, agendas and epidemiology to lay out a typical yet fascinating public health crisis and put this into a very useful and education guide. I recommend everyone read this book. - Dr Brad West

After 4+ years of living with symptoms our daughter finally received a clinical diagnosis of Lyme disease and is getting treatment from a Lyme-literate doctor. Unless this disease has impacted your family, you are likely to know little or nothing about it. That was our family's situation a year ago. Lyme disease is extremely complicated and follows no specific pattern and we were confused and overwhelmed with all of the new information that we received. This book has helped enormously. I have read portions of it thoroughly, skimmed others, and skipped some. It is a great reference and support...and even though the title says "beginners", I believe it covers a plethora of issues, treatments, and resources. If Lyme has become a part of your daily vocabulary BUY THIS BOOK TODAY!

As a "Lyme Literate MD" I found this book very easy to read, concise and informative. I recommend it to patients regularly now that I have read it. I found concepts I agreed with, new and useful ideas and suggestions and nothing that I disagreed with! Excellent job and highly recommended.

This book goes from the basics of diagnosing tick-borne illness (Lyme, Babesia, Bartonella, Ehrlichia, and Anaplasma) to detailed information about the integrative holistic medicine treatment of this challenging illness. It is really comprehensive yet easy to read.

I thought it was very thorough, informative and just right for a any practitioner treating Lyme Disease. As a WI practitioner, I have been treating Lyme for over a year and this book helps to provide more diverse approaches to this complex disease.-Alexandra Solano

[MDmilwaukeeelongevitymedicine.com](http://MDmilwaukeeelongevitymedicine.com)

This book is easy to understand and gives a lot of good tips on how to live with Lyme disease. Author discusses the different treatments available for patients and why the diagnosis is so difficult

for doctors. The appendix contains Dr. Burrascano's treatment guidelines for the disease, and since he was a pioneer in this field, the information he provides is invaluable. Those readers who are suffering from this disease now or have suffered in the past will find this book a handy reference for symptoms and treatments.

This author provides a great introduction to Lyme disease and its co-infections. She does a fantastic job of summarizing what you need to know during each stage of the disease, and provides a great outline of effective combinations of anti-biotics along with natural supplements and diet. Her guidelines are right on target and she helps the reader sort through various symptoms in order to help identify what, if any, co-infections might be at play. Lyme is now more commonly transmitted with co-infections so it is important to know how to treat the Lyme bacteria as well as the other co-infection bacteria present. This book does an excellent job of covering this all, and includes great references.

I nutritionally counsel folks who are struggling through Lymes, been through a bout myself, and am only interested in Lyme-literate wellness practitioners. Nicola's approach, overview, history, global survey, thorough presentation, & routes to immune health are refreshing and worth having handy 24/7. This book came highly recommended to me and I pass the same recommendation along.

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